

Morning Prayer, Day 3—Trinity

*In the name of the Father,
and of the Son
and of the Holy Spirit. Amen*

Lord God
Fill us each morning with your constant love,
so that we may sing and be glad all of our lives.
Your constant love is better than life
and so we will praise you!

**We praise the Father,
We praise the Son,
We welcome the Spirit.
We worship God, three in one.**

If we say that we have no sin,
we deceive ourselves,
and there is no truth in us.
But if we confess our sins to God,
he will keep his promise and do what is right;
he will forgive us our sins
and purify us from all our wrongdoing.

If we say that we're sorry,
for the things we've done that we shouldn't have done,
and the things we didn't do, but should have done,
God will forgive us.

If we say from our hearts
that Jesus is Lord, he is God's son,
and believe in his death and rising to life.
God will forgive us.

Our faith in Christ Jesus gives us new life.
Our words of confession release us from sin.
We believe in Jesus, know forgiveness and live.
God has forgiven us!

Reading for the day.

Prayers for others.

I bind unto myself this day
the strong name of the Trinity.
I humbly praise the wonderful name:
the Three in One, the One in Three.

Creator of the heavens and earth,
Redeemer and Sustainer of life,
His powerful name against all evil,
His light that cancels out all dark.

Praise to the Father, praise to the Son,
Praise the Spirit, Three in One.
My hope, my joy, my strength and my shield,
Salvation is mine through Jesus my Lord.*

**May God be around me on every side;
to protect me with his power.
May he make me strong with his strength,
and keep my pathway safe.
May his angels be present around me,
when I am awake or asleep.
And may I walk each day in the shelter
of his constant loving care.**

*In the name of the Father,
and of the Son
and of the Holy Spirit. Amen*

(*May be sung to the tune of Scarborough Fair)

Praying for Others

When praying for others you may like to use some of the leaflets in the room as a starting point, pray for the groups and activities, as well as those involved in the planning and care. You could also pray for things you have seen or heard on the news or even just look at your phone list and pray for the people there! When praying for others, be open to where God may lead you and who may be in need of prayer.

If you do not know what to pray for them you can use this prayer 'May God bless these dear ones (or their name), and keep them safe wherever they are' or, 'May the light of Christ shine on (...) today.'

Suggestions for readings

- Psalm 139**, God's complete knowledge and care
- Deuteronomy 5.7-21**, The Ten Commandments
- Matthew 5.1 – 7.29**, The Sermon on the Mount
- Romans 8**, Life in the Spirit
- Galatians 5.22**, Fruits of the Spirit
- Colossians 3**, The old and the new life

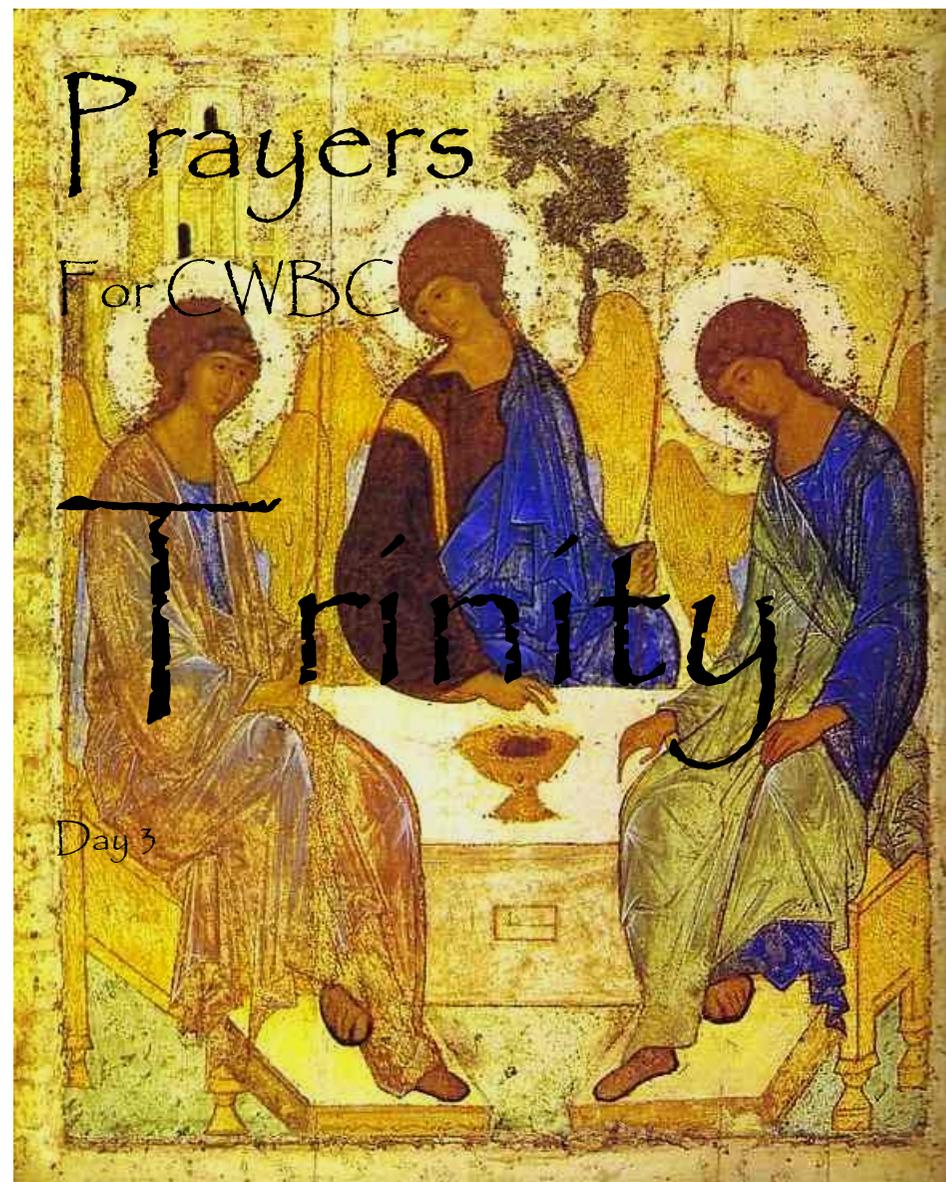
These prayers are taken from the Daily Prayers for CWBC. They are not designed to tell us how to pray but to help us as we pray. Use them in a way that is most helpful for you in your prayer life. If used in a group setting there are a number of ways they can be used:
led by one reader
with two leaders, one reading the main sections, one reading the scripture verses (in Times printface)
With all sharing, the reading moves around the group for each new paragraph.

Sources

- Psalm 90.14 Psalm 63.3
- 1 John 1.8 Based on Romans 10.9-10

Song words based on the St. Patrick 'Breastplate Prayer' and adapted from, Northumbria Community, *Celtic Daily Prayer*, Harper Collins, 2000, p239,

- Based on Psalm 139.5
- Based on Psalm 18.32



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